

A Delicate Balance

Designed by Char Hopeman

Featuring Nancy Gere's *Carolyn Collection*

SIZE: 80" x 80"



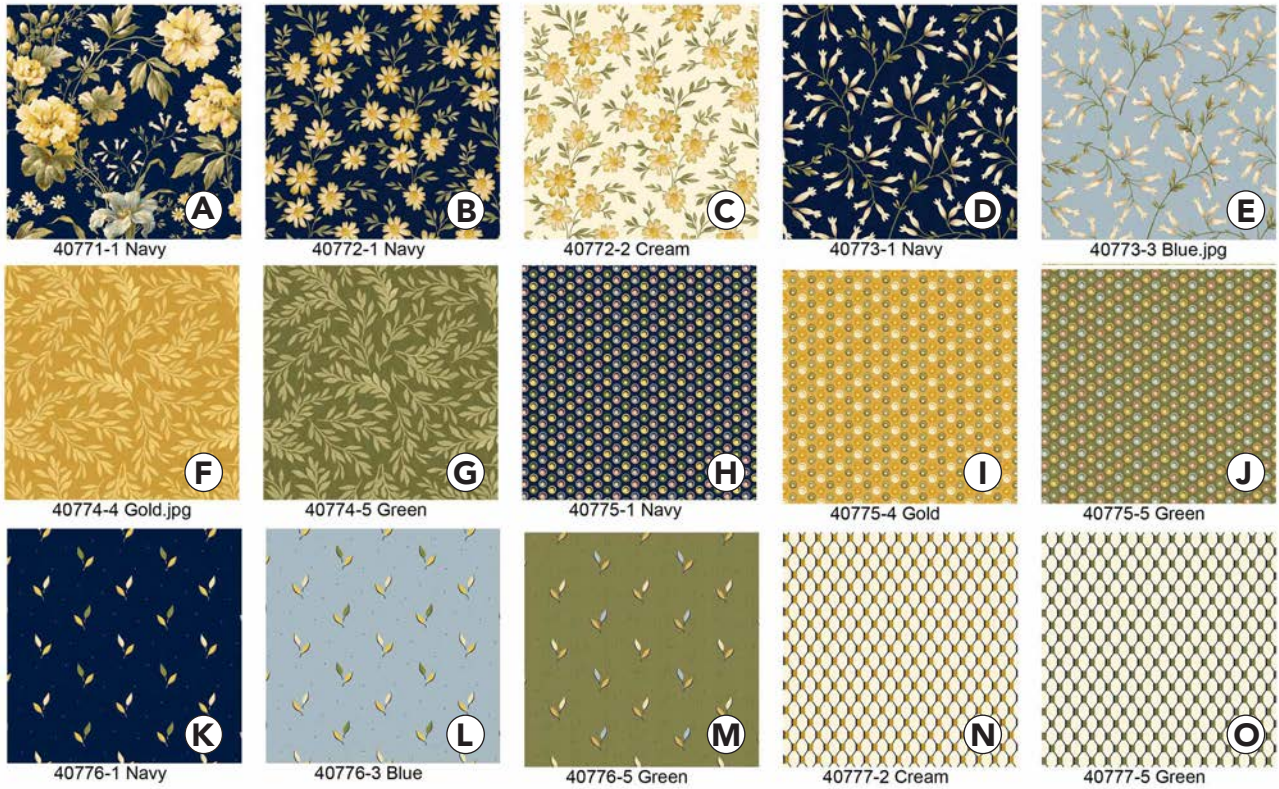
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WINDHAM FABRICS

812 JERSEY AVE ~ JERSEY CITY, NJ 07310 ~ P: 201.659.0444 ~ F: 201.659.9719 ~ WWW.WINDHAMFABRICS.COM ~ E: RETAIL@WINDHAMFABRICS.COM

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MATERIALS:

KEY	SKU / COLOR	YD
A	40771-1 Navy	1 ¾
B	40772-1 Navy	1 ⅜
C	40772-2 Cream	6 + 5 FOR BACKING
D	40773-1 Navy	¼
E	40773-3 Blue	1 ½
F	40774-4 Gold	½
G	40774-5 Green	½
H	40775-1 Navy	⅛

KEY	SKU / COLOR	YD
I	40775-4 Gold	¾
J	40775-5 Green	⅛
K	40776-1 Navy	¾
L	40776-3 Blue	⅛
M	40776-5 Green	1 ¼ INCLUDES BINDING
N	40777-2 Cream	½
O	40777-5 Green	¾
	BATTING	

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Cutting Instructions:

Fabric A (40771-1) Navy

Cut (1) 2-1/2" w strip. Subcut (12) 2-1/2" squares.
Cut (8) 6-1/2" w strips for border.

Fabric B (40772-1) Navy

Cut (1) 2-1/2" square.
Cut (5) 4-1/2" w strips.
Subcut (76) 2-1/2" x 4-1/2" rectangles.
Cut (4) 4-7/8" w strips. Subcut (26) 4-7/8" squares.

Fabric C (40772-2) Cream

Cut (3) 4-1/2" w strips. Subcut
(48) 2-1/2" x 4-1/2" rectangles.
Cut (3) 2-1/2" w strips. Subcut (48) 2-1/2" squares.
Cut (1) 2-1/2" w strips. Subcut (16) 2-1/2" squares.
Cut (1) 4-1/2" w strips. Subcut (8) 4-1/2" squares.
Cut (1) 5-1/4" squares.

Fabric D (40773-1) Navy

Cut (4) 1-1/2" w strip. Subcut (112) 1-1/2" squares.

Fabric E (40773-3) Light Blue

Cut (12) 2-1/2" w strip. Subcut (192) 2-1/2" squares.
Cut (4) 4-1/2" squares.
Cut (2) 4-7/8" w strip. Subcut (12) 4-7/8" squares.
Cut (2) 5-1/4" squares.

Fabric F (40774-4) Gold

Cut (1) 1-1/2" w strip. Subcut (24) 1-1/2" squares.
Cut (5) 2-1/2" w strips for inner border.

Fabric G (40774-5) Green

Cut (5) 2-1/2" w strip. Subcut (76) 2-1/2" squares.

Fabric H (40775-1) Navy

Cut (1) 2-1/2" w strip. Subcut (4) 2-1/2" squares.

Fabric I (40775-4) Gold

Cut (3) 1-1/2" w strip. Subcut (72) 1-1/2" squares.
Cut (3) 2-1/2" w strip. Subcut
(48) 1-1/2" x 2-1/2" rectangles,
(4) 2-1/2" squares
(4) 2-1/2" x 4-1/2" rectangles.
Cut (4) 2-7/8" w strips. Subcut (52) 2-7/8" squares.

Fabric J (40775-5) Green

Cut (4) 2-1/2" squares.

Fabric K (40776-1) Navy

Cut (10) 1-1/2" w strips. Subcut
(248) 1-1/2" squares.
Cut (2) 2-7/8" w strips. Subcut
(24) 2-7/8" squares.
Cut (4) 5-1/4" squares.

Fabric L (40776-3) Blue

Cut (1) 1-1/2" w strips. Subcut
(20) 1-1/2" squares.
Cut (1) 2-1/2" w strips. Subcut
(20) 1-1/2" x 2-1/2" rectangles.

Fabric M (40776-5) Green

Cut (4) 2-7/8" squares.
Cut (5) 2-1/2" w strips. Subcut
(96) 2-1/2" squares.
Cut (8) 2-1/4" w strips for binding.

Fabric N (40777-2) Cream

Cut (2) 1-1/2" w strips. Subcut
(48) 1-1/2" squares.

Fabric O (40777-5) Green

Cut (8) 1-1/2" w strips. Subcut
(224) 1-1/2" squares.
Cut (2) 2-1/2" w strips. Subcut
(12) 2-1/2" squares.
(4) 2-1/2" x 4-1/2" rectangles.
Cut (4) 2-7/8" squares.
Cut (1) 5-1/4" square.
Cut (4) 4-1/2" squares.

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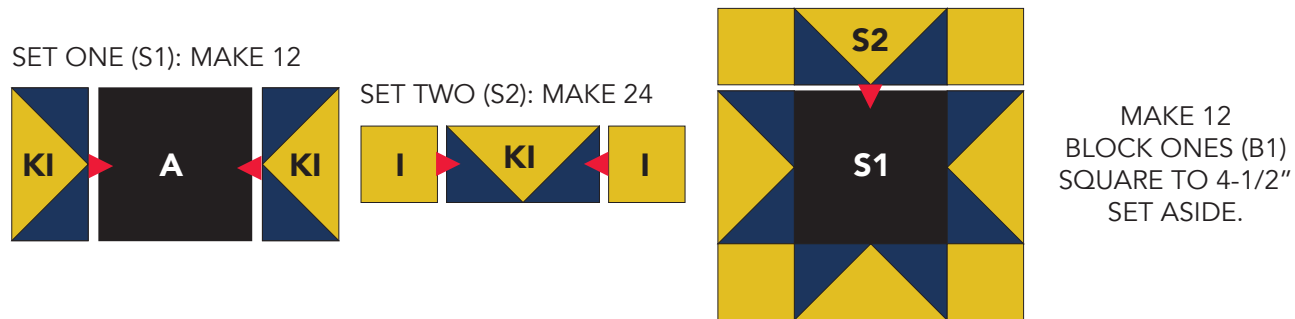
PIECING INSTRUCTIONS

STEP 1: BLOCK ONE Draw a diagonal line across the reverse side of (1) **K** 1-1/2" square and lay it right sides together to the left side of (1) **I** 1-1/2" x 2-1/2" rectangle, see diagram below. Stitch on drawn line. Fold over **K** top right corner down and trim excess 1/4" seam allowance. Press seam toward **I**. Repeat for right side. Make 48 **KI** flying geese units, trim to 1-1/2" x 2-1/2".



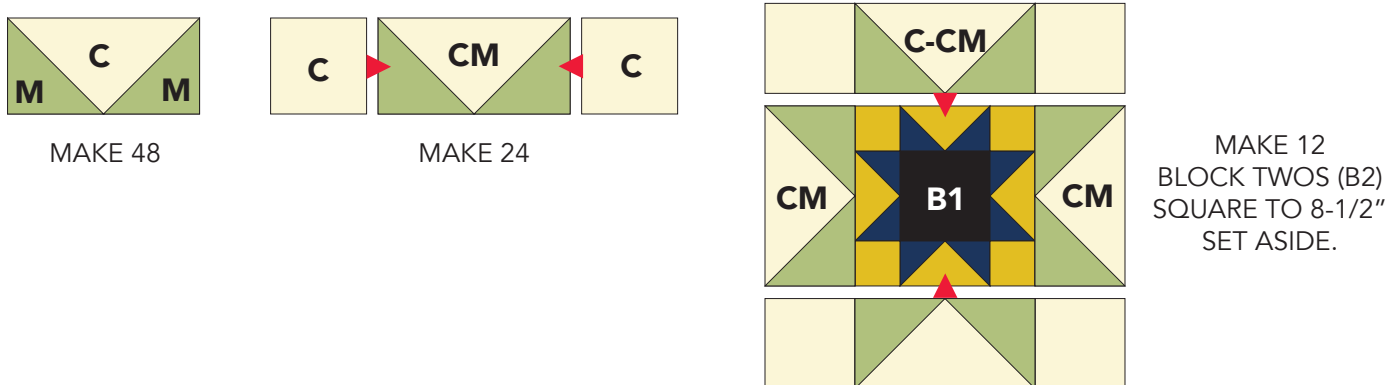
Set One: Sew (1) **KI** unit to each side of (1) **A** 2-1/2" square. Make 12, trim to 2-1/2" x 4-1/2".

Set Two: Sew (1) **I** 1-1/2" square to each side of (1) **KI** unit. Make 24, trim to 1-1/2" x 4-1/2". Then sew Set 2 to top and bottom of Set 1 unit. Make 12 Block Ones, square to 4-1/2".

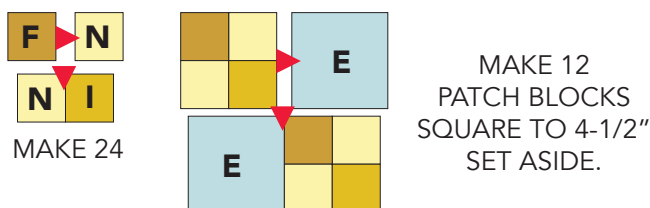


STEP 2: BLOCK TWO

Using **C** and **M** 2-1/2" squares, **C** 2-1/2" x 4-1/2" rectangles and Block One make Block Two. Make **CM** flying geese units similar to **KI** flying geese units. Assemble as shown in diagram below.



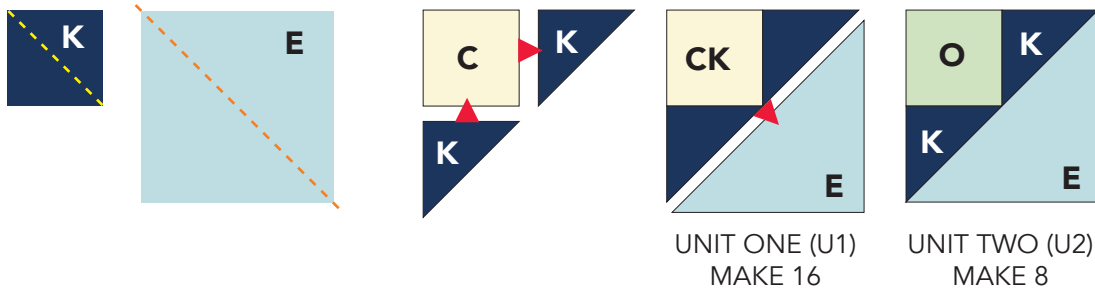
STEP 3: PATCH BLOCK Take (1) **F** and **I** 1-1/2" squares and (2) **N** 1-1/2" squares and sew into a four patch, see diagram. Make 24 four patch blocks, square to 2-1/2". Then sew **E** 2-1/2" squares to the four patch blocks. Make 12 patch blocks, square to 4-1/2".



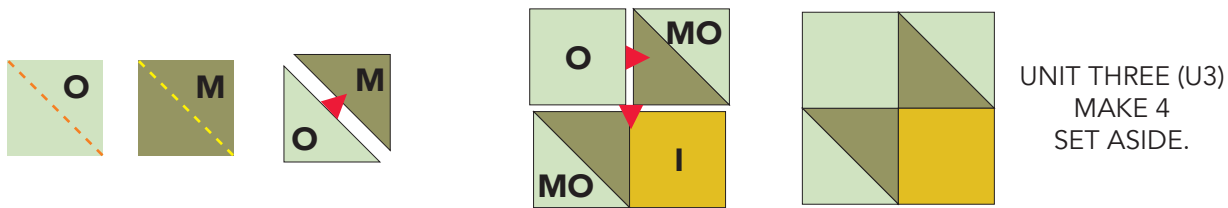
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STEP 4: UNIT ONE Cut (1) **K** 2-7/8" square and (1) **E** 4-7/8" square once diagonally. Sew **K** triangles to (1) **C** 2-1/2" square, see diagram. Next add **E** triangle to **CK** unit. Make 16 Unit Ones, square to 4-1/2". Set aside.

UNIT TWO: Similar to UNIT ONE assembly make UNIT TWO using **O** 2-1/2" squares. Make 8 Unit Twos, square to 4-1/2". Set aside.

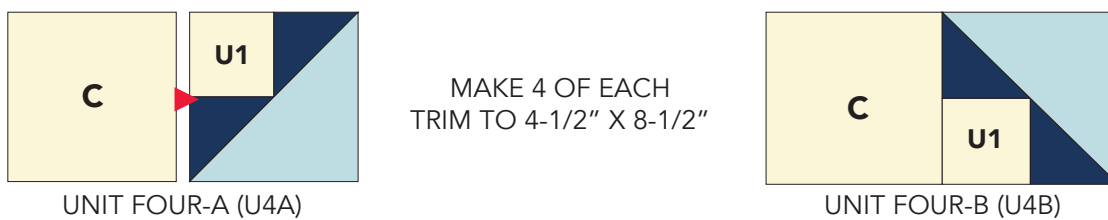


STEP 5: UNIT THREE Take (1) **M** and (1) **O** 2-7/8" squares and cut diagonally, then sew one triangle of each together. Press seam towards **M** fabric. Make 8, square to 2-1/2". Add to Unit Three (1) **I** and **O** 2-1/2" square. Make 4 Unit Threes, square to 4-1/2".



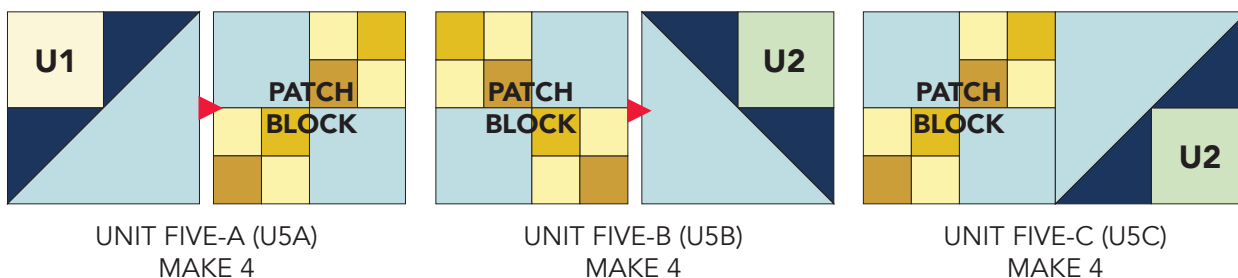
STEP 6: UNIT FOUR Sew (1) **C** 4-1/2" square to (1) Unit One block.

Note proper rotation and placement of blocks.



STEP 7: UNIT FIVE Sew (1) Unit One/Two block to (1) Four-Patch block, as shown in diagram below.

Note proper rotation and placement of blocks.

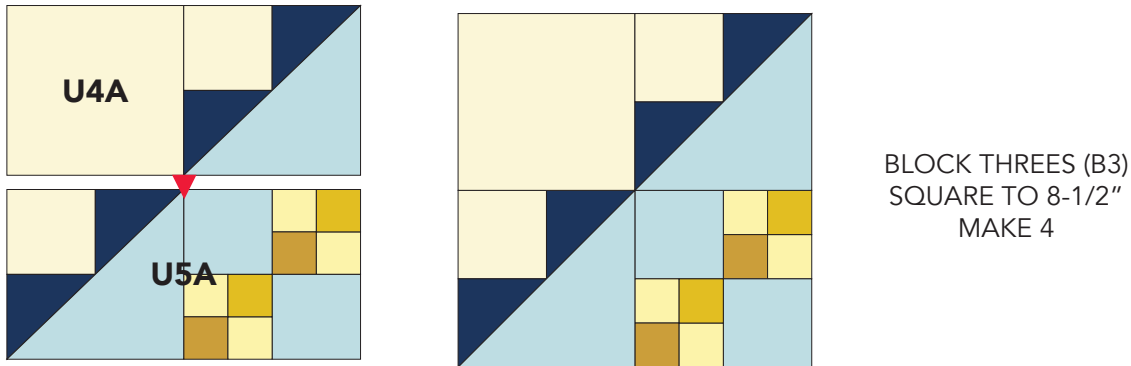


TRIM UNITS TO 4-1/2" X 8-1/2"

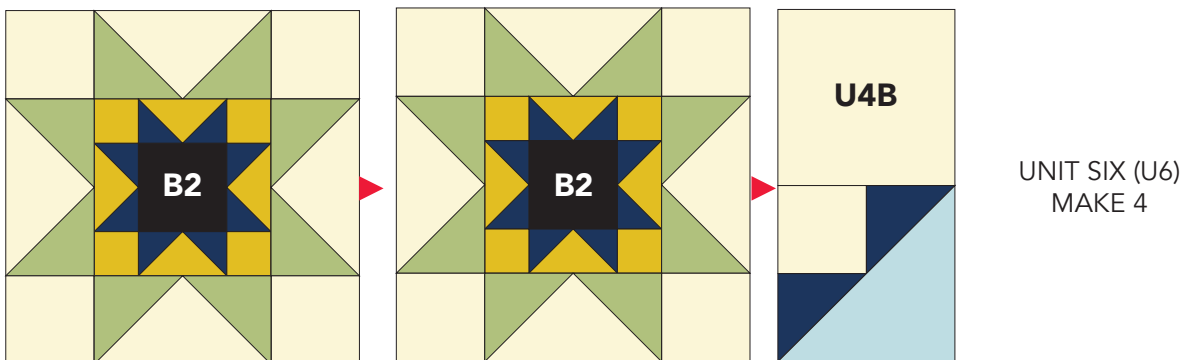
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STEP 8: BLOCK THREE Sew (1) Unit Four-A to (1) Unit Five-A as shown in diagram.

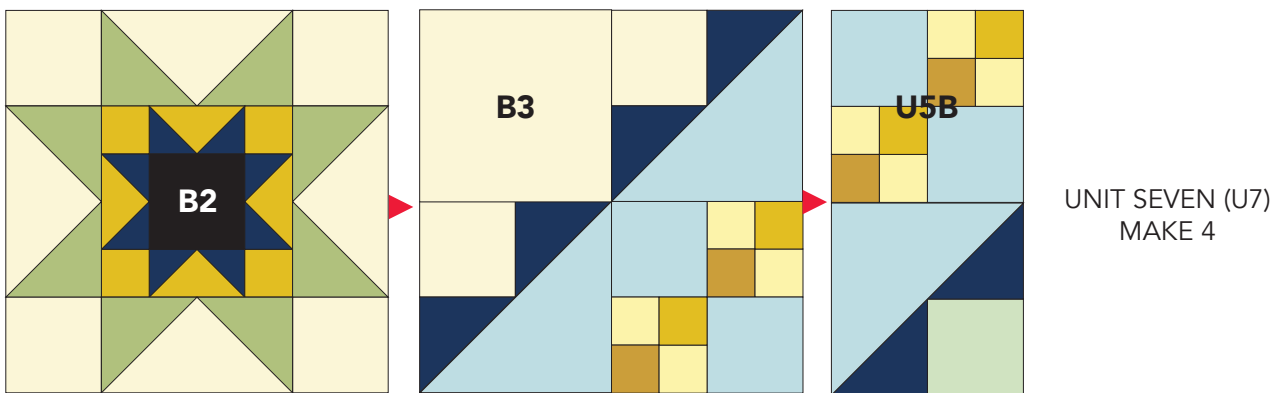
Note proper rotation and placement of blocks.



STEP 9: UNIT SIX Sew (2) Block Twos together and then add (1) Unit Four-B to right side, as shown in diagram below. Make 4. Set aside. *Note proper rotation and placement of blocks.*

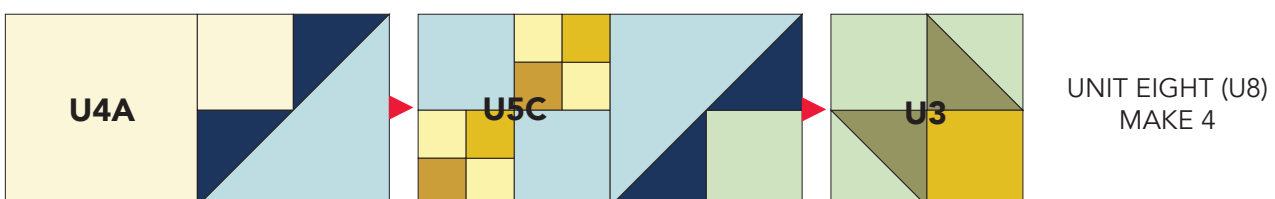


STEP 10: UNIT SEVEN Sew (1) Block Two to (1) Block Three together. Then add (1) Unit Five (B) to right side, follow diagram below. *Note proper rotation and placement of blocks.*



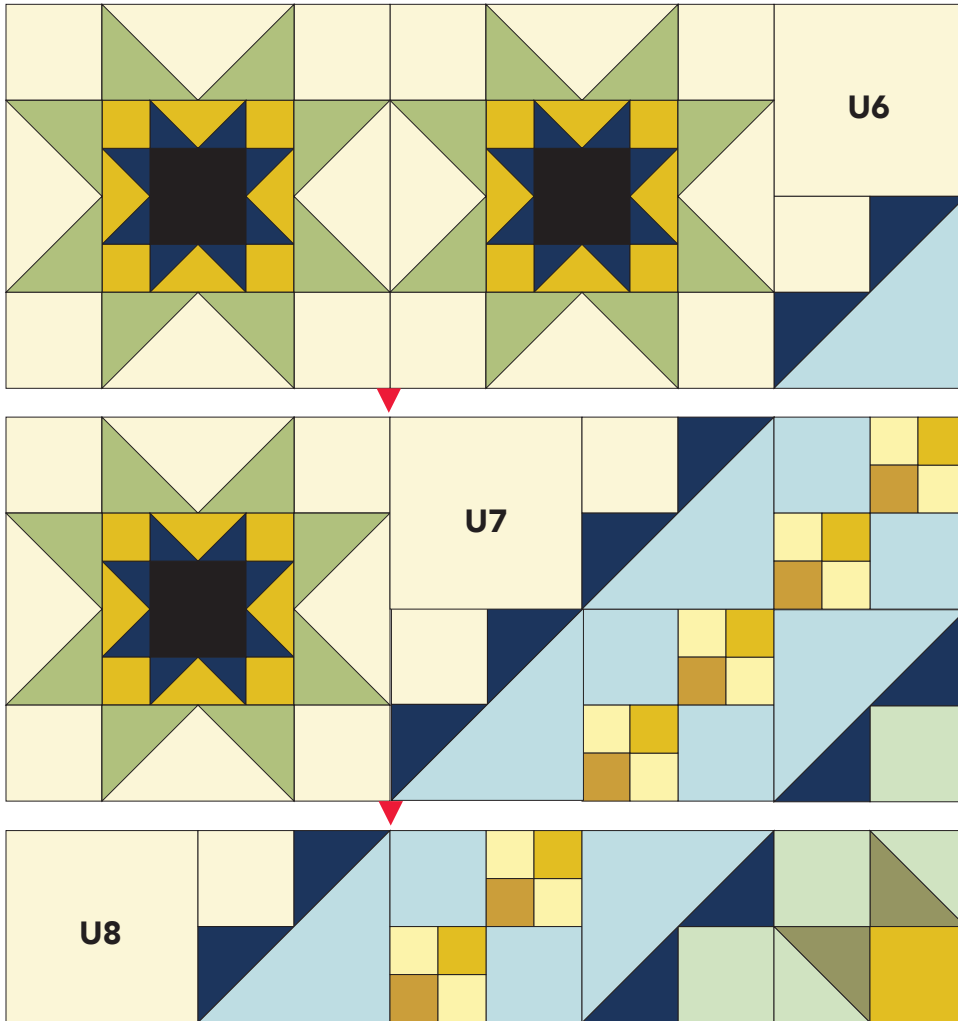
STEP 11: UNIT EIGHT Sew (1) Unit Four-A, (1) Unit Five-C and (1) Unit Three together.

Note proper rotation and placement of blocks.



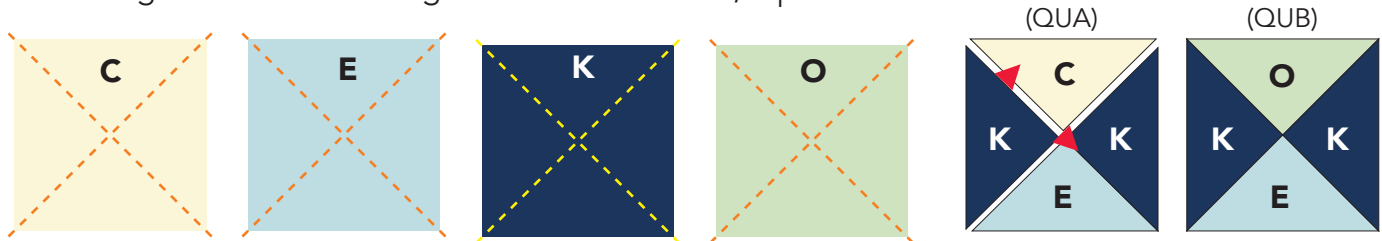
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STEP 12: CORNER UNIT Sew (1) Unit Six, (1) Unit Seven and (1) Unit Eight together as shown in diagram. *Note proper rotation and placement of units.*

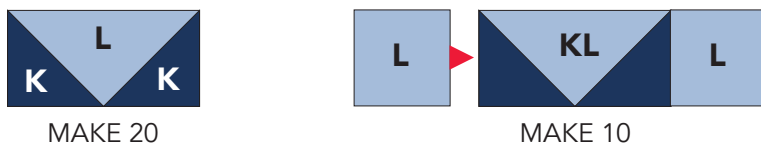


CORNER UNITS
 SQUARE TO 20-1/2"
 MAKE 4
 SET ASIDE.

STEP 13: QUARTER UNITS A-B Take (1) **C**, **E**, **K** and **O** 5-1/4" squares and cut twice diagonally. Sew triangles as shown in diagram. Make 4 of each, square to 4-1/2".

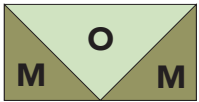
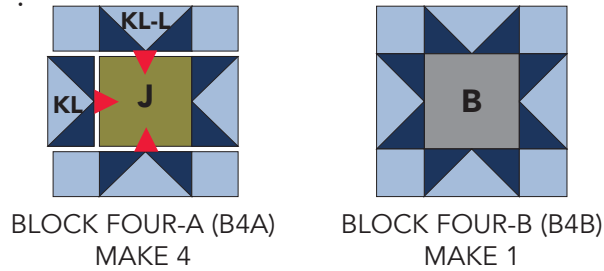


STEP 14: KL UNITS Make 20 **KL** flying geese units, similar to step 1, using **K** 1-1/2" squares and **L** 1-1/2" x 2-1/2" rectangles. Then add (1) **L** 1-1/2" square to each side of 1 **KL** unit.



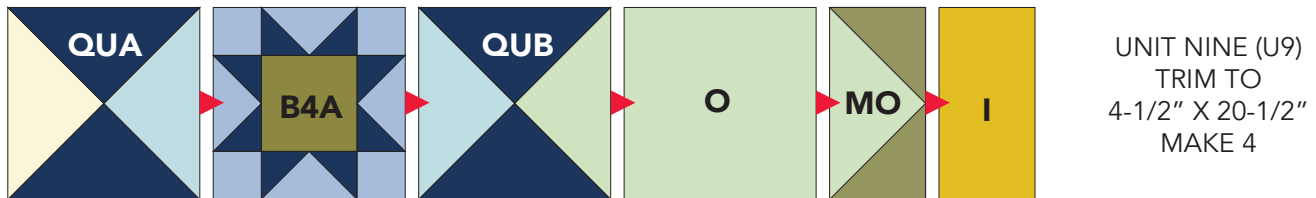
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STEP 15: BLOCK FOUR A-B Take **KL** and **KL-L** flying geese units and **J** 2-1/2" square for block center and assemble similar to Step 1's Block One. Repeat for Block Four B using **B** 2-1/2" square for center. Square to 4-1/2".

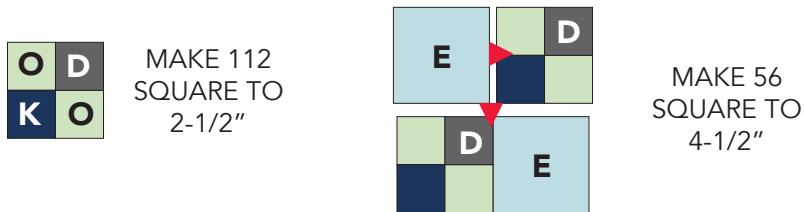


STEP 16: MO UNITS Make (4) **MO** flying geese units, similar to step 1, using **M** 2-1/2" squares and **O** 2-1/2" x 4-1/2" rectangles.

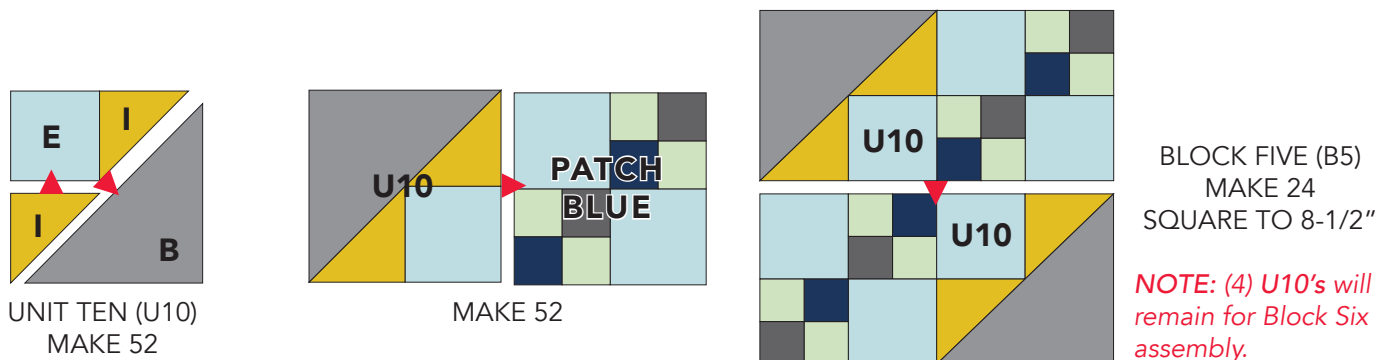
STEP 17: UNIT NINE Sew together (1) **QUA**, (1) **B4A**, (1) **QUB**, (1) **O** 4-1/2" square, (1) **MO** unit, and (1) **I** 2-1/2" x 4-1/2" rectangle. Make 4 Unit Nines. Set aside.



STEP 18: PATCH BLOCK (BLUE) Take (1) **D**, (1) **K** and (2) **O** 1-1/2" squares and make into a four-patch, similar to Step 3's four-patch block assembly. Then sew **E** 2-1/2" squares to four-patch.

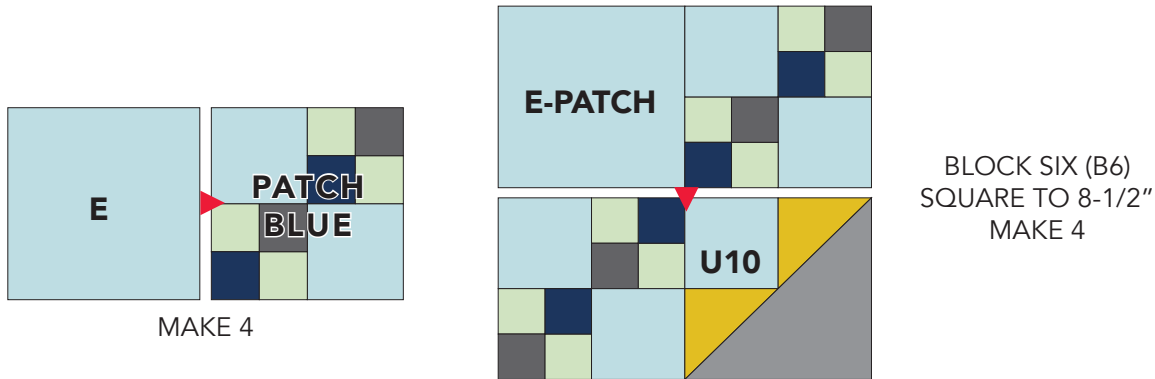


STEP 19: BLOCK FIVE Similar to Step 4's Unit One assembly make Unit Ten by sewing **I** 2-7/8" squares (cut once diagonally) and **E** 2-1/2" squares together. Then add (1) **B** 4-7/8" square (cut once diagonally) to **EI** unit. Next sew together Unit Ten to Patch Block Blue. Make (2) units, sew units together via long edge, see diagram. *Note proper rotation and placement of units.*



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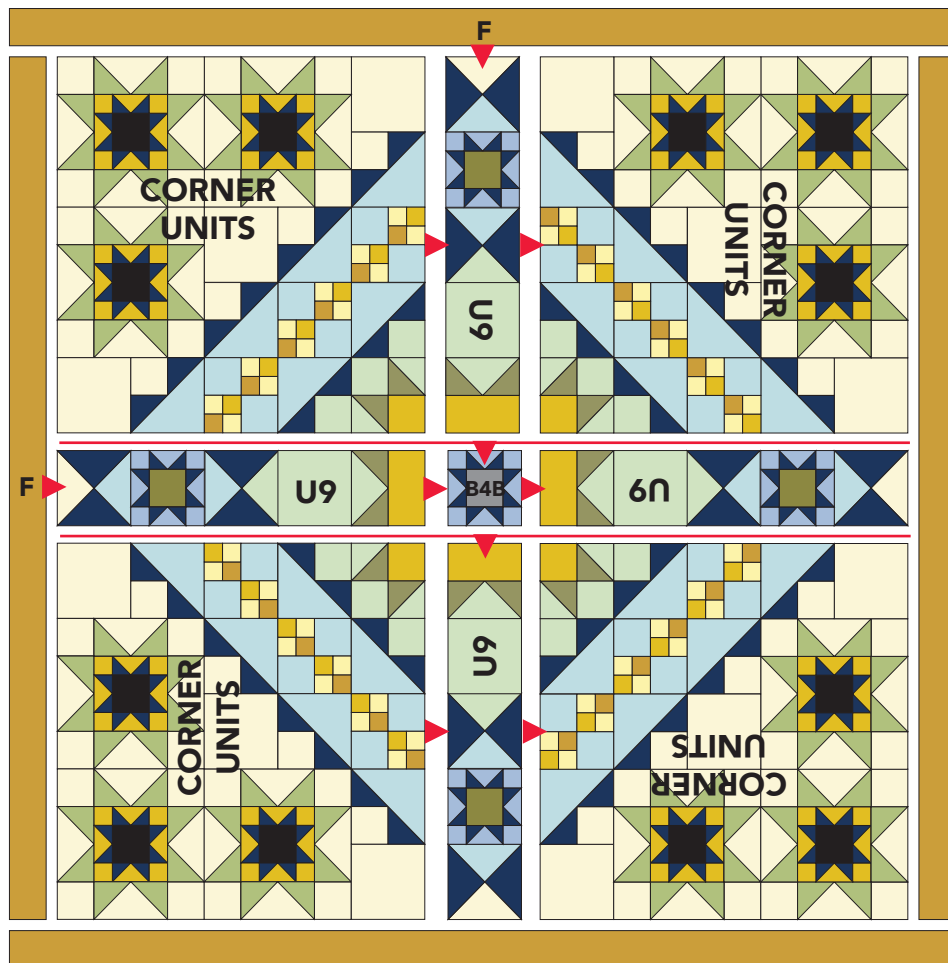
STEP 20: BLOCK SIX Sew (1) **E** 4-1/2" square to (1) Patch Block Blue. Then sew (1) Unit Ten to (1) **E-Patch**, similar to **BLOCK FIVE** assembly, see diagram. *Note proper placement of units.*



STEP 21: QUILT CENTER ASSEMBLY Sew Corner Units, Unit Nine and Block Four-B together, following diagram below. *Note proper rotation and placement of units.*

BORDER F: Sew (5) **F** 2-1/2" strips together via short ends. Subcut (2) **F** 2-1/2" x 44-1/2" and sew to sides of quilt center top. Subcut (2) **F** 2-1/2" x 48-1/2" strips and sew to top and bottom of quilt-center top. Set aside.

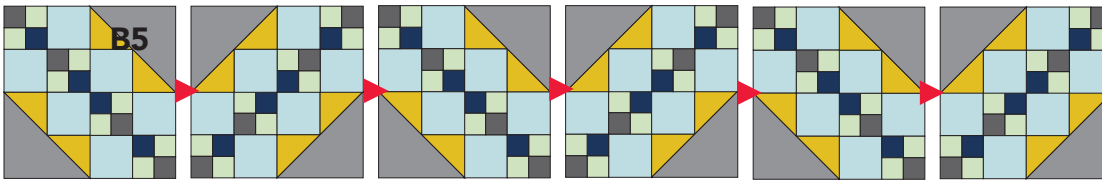
QUILT CENTER



SQUARE TO 48-1/2"

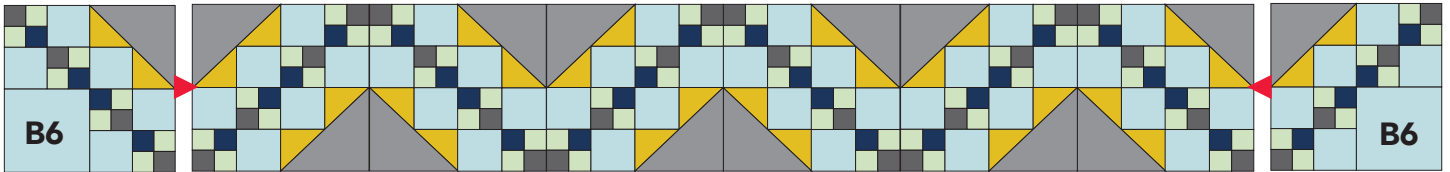
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STEP 22: PATCH BORDER Sew (6) Block Fives together in a zig-zag form. *Note proper rotation and placement of blocks.* Make 4 patch border units. Sew (1) unit to sides of quilt center.

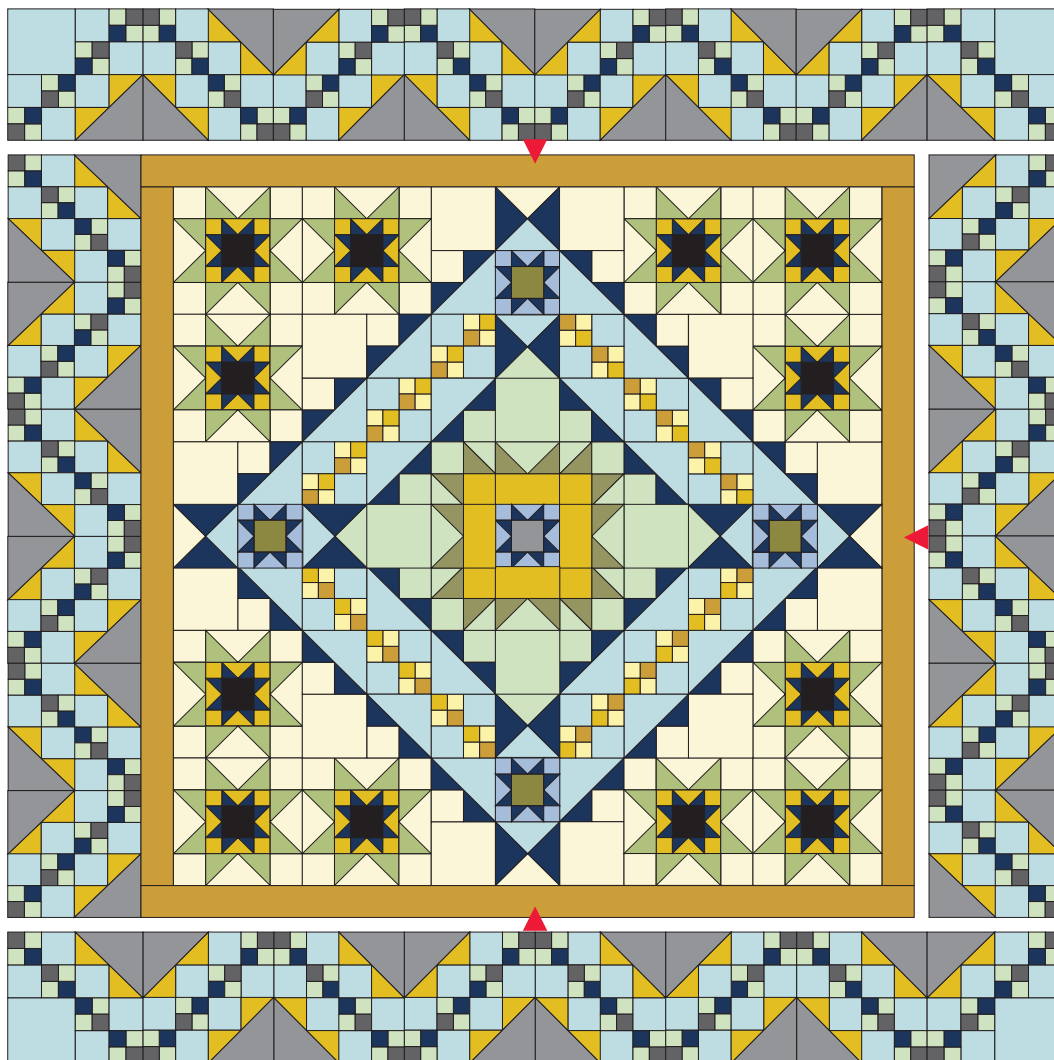


TRIM TO
8-1/2" X 48-1/2"
MAKE 4

Sew (1) Block Six to ends of (1) Border Patch, see diagram. Make 2. Trim to 8-1/2" x 64-1/2". Sew (1) border unit to top and bottom of quilt center.



Center Top Diagram



SQUARE TO 64-1/2"

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STEP 23: BORDER A Sew (8) **A** 6-1/2" strips together via short ends. Subcut (2) **A** 6-1/2" x 64-1/2" and sew to sides of center top. Subcut (2) **A** 6-1/2" x 76-1/2" strips and sew to top and bottom of center top. Quilt top is now about 76-1/2" square. See Quilt Diagram.



STEP 24: BG FLYING GEESE BORDER Using **G** and **M** 2-1/2" squares and **B** 2-1/2" x 4-1/2" rectangles, make (76) **GBM** flying geese units, similar to step 1.

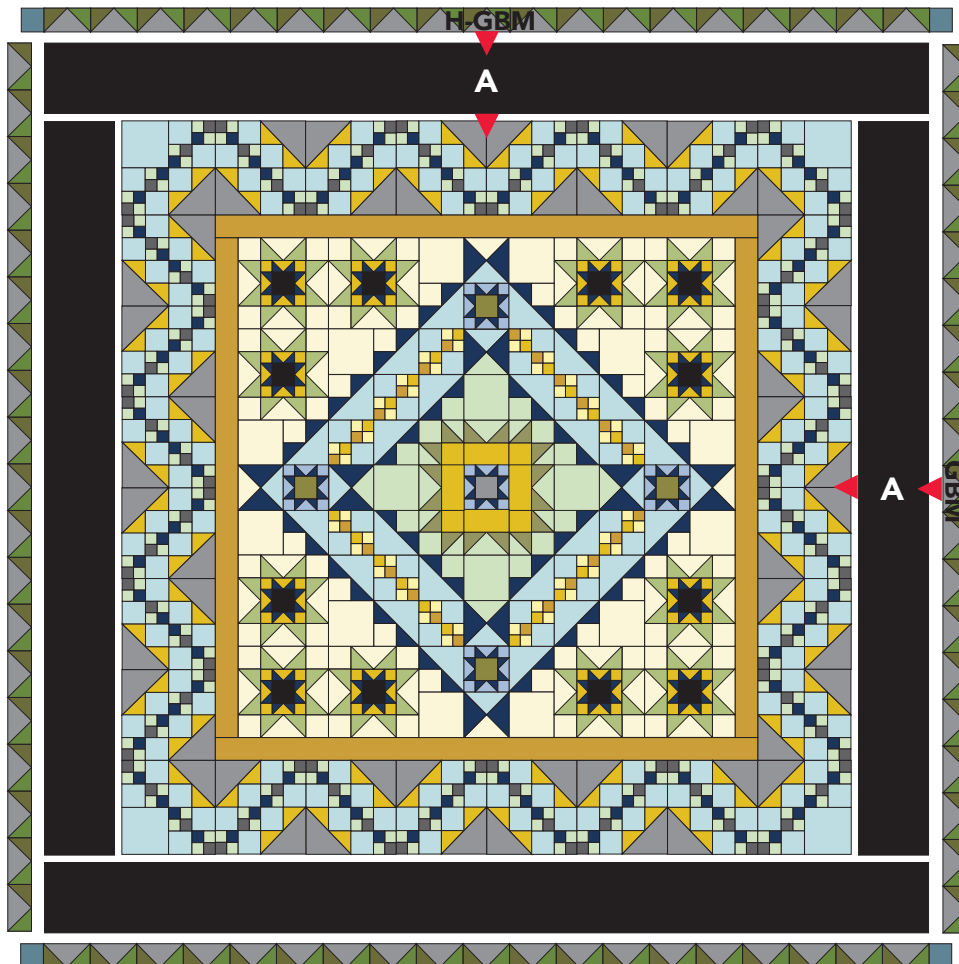
Sew (19) **GBM** units together to make 4 flying geese borders. Sew (1) to each side of quilt top.
Note proper rotation of flying geese units and borders.



Add (1) **H** 2-1/2" square to ends of remaining **GBM** flying geese borders. Sew (1) to top and bottom of quilt top. *Note proper rotation of flying geese borders.*



QUILT DIAGRAM • 80" SQUARE



FINISHING: Remove selvages and press seam open. Layer backing, batting and quilt top together. Quilt as desired. Bind quilt top using **M** 2-1/4" strips.