

# Bed and Breakfast Quilt



Keeping it Real  
Sewing Patterns™  
by Bari J.™

Country Lane

Bari J.

finished size: Twin/70" x 90"

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WINDHAM FABRICS

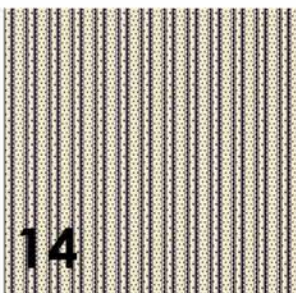
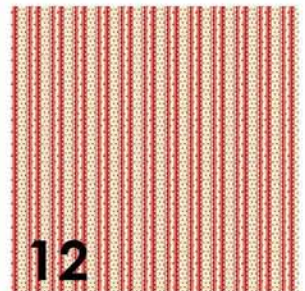
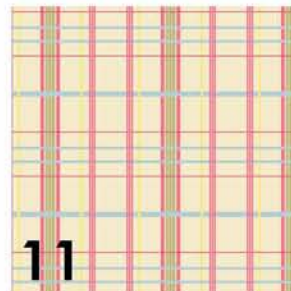
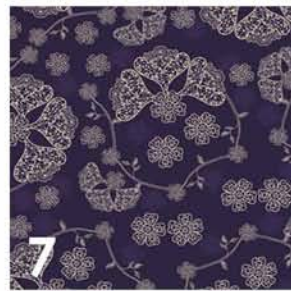
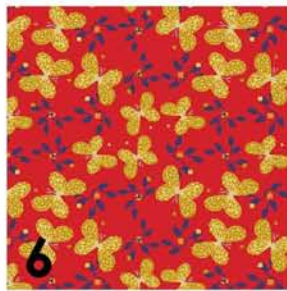
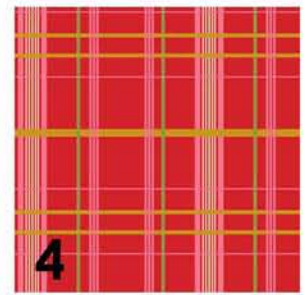
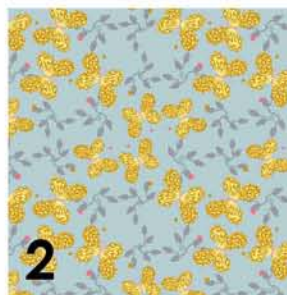


This free pattern is written in a format similar Bari's "For Purchase" sewing patterns with Keeping it Real Sewing Pattern hints as well as color graphics and complete instructions. For more information about Bari, her fabrics with Windham Fabrics and her sewing patterns, please visit her website at [www.BariJonline.com](http://www.BariJonline.com) or her blog at [www.BariJ.typepad.com](http://www.BariJ.typepad.com). Any questions or comments can be emailed to [Bari@BariJonline.com](mailto:Bari@BariJonline.com).

### FABRIC REQUIREMENTS

Fabric 1: 31763-1 Red (Lattice): 3 1/2 yards  
 Fabric 2: 31761-2 Blue (Monarch Meadow): 2 1/2 yards  
 Fabric 3: 31760-3 Purple (Wild Roses): 2 1/2 yards  
 Fabric 4: 31764-1 Red (Prairie Plaid): 1/2 yard  
 Fabric 5: 31763-5 Yellow (Lattice): 5/8 yard  
 Fabric 6: 31761-1 Red (Monarch Meadow): 5/8 yard  
 Fabric 7: 31762-3 Purple (Vintage Lace): 3/8 yard  
 Fabric for binding: 3/4 yard  
 Fabric for backing: 5 1/2 yards

Fabric 8: 31763-3 Purple (Lattice): 3/8 yard  
 Fabric 9: 31761-3 Purple (Monarch Meadow): 3/8 yard  
 Fabric 10: 31764-3 Purple (Prairie Plaid): 3/8 yard  
 Fabric 11: 31764-6 Cream (Prairie Plaid): 1/4 yard  
 Fabric 12: 31765-1 Red (Bed and Breakfast Stripe): 1/4 yard  
 Fabric 13: 31765-3 Purple (Bed and Breakfast Stripe): 1/4 yard  
 Fabric 14: 31761-4 Pink (Monarch Meadow): 1/4 yard  
 Fabric 15: 31762-1 Red (Vintage Lace): 1/4 yard





Please read all instructions through before beginning any project.

Note the following:

- When you are directed to cut squares (aside from the large one in the center medallion), they will piece together (ultimately making a square that is made up of two triangles) using the "Sandwich Method" shown in figure 1. This method is quicker than beginning with cutting triangles because it allows you to create 2 squares at once.
- Many directions in this project read "cut into pairs of triangles". This means to cut a square from corner to corner on a diagonal forming a pair of triangles. These triangles will be pieced to the finished edges of the squares.
- Refer to the Quilt Diagram on Page 2 and the Fabric Chart on Page 1.

**Note: The fabrics face different directions so look at the quilt diagram carefully.**

## I. Assembling the center medallion:

### CUTTING (refer to the fabric chart on page 1):

Fabric 11: Cut 2 - 5 7/8" x 5 7/8"

Fabric 1: Cut 4 - 5 7/8" x 5 7/8". Then cut 2 of the 4 into pairs of triangles.

Fabrics 12 and 13: Cut 1 each - 5 7/8" x 5 7/8" then cut into 2 pairs of triangles.

Fabric 3 (center square): Cut 1 - 12 3/4" x 12 3/4"

Fabric 8 (border): Cut 4 - 2" x 18"

### Piece the four corners of the medallion together:

Make the 1/2 square triangles that are on each corner using the "Sandwich method":

1. Place a square of "Fabric 1" on top of a square of "Fabric 11" right sides together.
2. Referring to figure 1: Using chalk or an air erasable marker, mark the center of the square from corner to corner and then mark a line 1/4" to each side of the center.
3. Sew across each line to the sides of center.
4. Cut through the center line. You now have 2 pieced squares.
5. Repeat steps 1 through 4 so you have a total of four pieced squares.
6. Referring to the Quilt Diagram on page 1, piece the cut triangles to it's matching corner square. See figure 2.

### Finish the center medallion:

Referring to figure 3:

1. Add the mitered borders (fabric 8) to the center square (fabric 3). For mitering borders see the instructions at the bottom of page 4.
2. Sew each of your assembled corners to the borders on the center square.

## II. Piece the center row (see Quilt Diagram on Page 2):

### CUTTING (Refer to the Fabric Chart on page 1):

Fabrics 7, 8, 9, and 10: Cut 1 each - 10 7/8" x 10 7/8" then cut each into a pair of 2 triangles

Fabric 5: Cut 4 - 5 7/8" x 5 7/8", then cut 1 of the 4 into a pair of 2 triangles

Fabric 6: Cut 6 - 5 7/8" x 5 7/8", then cut 4 of the 6 into sets of 2 triangles

Fabric 1: Cut 2 - 5 7/8" x 5 7/8", then cut 1 of the 2 into a pair of 2 triangles

Fabric 12: Cut 1 - 5 7/8" x 5 7/8", then cut it into a pair of 2 triangles

Fabric 11: Cut 1 - 5 7/8" x 5 7/8" (do not cut into triangles)

Fabric 15: Cut 2 - 5 7/8" x 5 7/8", then cut 1 of the 2 into a pair of 2 triangles

### Piecing:

1. Place 1 of the "Fabric 5" squares on top of one of the "Fabric 6" squares, and piece using the sandwich method in figure 1.
2. Repeat step 1 so that you now have 4 squares pieced with fabrics 5 and 6. These are the two top corners of the center row and the two bottom corners of the center row.
3. Referring to the Quilt Diagram on Page 2 for placement, piece your cut triangle pieces to each side of it's coordinating pieced square. See figure 4.
4. Piece the larger matching triangles to your now pieced corners according to the Quilt Diagram on Page 2. See figure 5.
5. Repeat steps 1 through 4 to finish the rest of the blocks in the center row, again making note of which way the fabrics go by making use of the Quilt Diagram on Page 2.
6. Piece the finished blocks together to complete the center row.

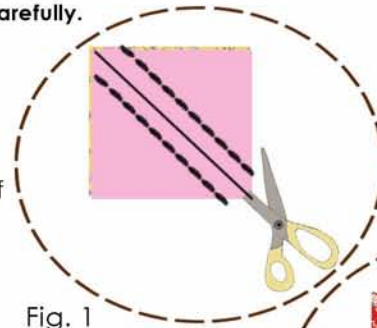


Fig. 1



fig. 2



fig. 3

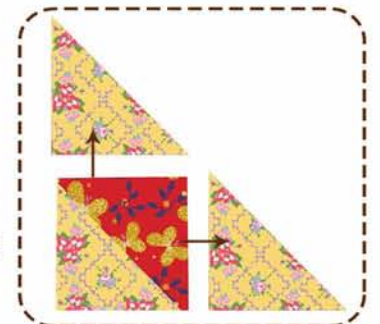


fig. 4



fig. 5

### III. Assembling the Outer Rows

#### CUTTING: (Refer to the Fabric Chart on Page 1)

- Fabric 4: Cut 2 - 10 7/8" x 10 7/8" then cut each into 2 pairs of triangles  
Fabrics 7, 8, 9, and 10: Cut 1 each - 10 7/8" x 10 7/8" then cut each into pairs of 2 triangles  
Fabric 5: Cut 10 - 5 7/8" x 5 7/8", then cut 5 of the 10 into pairs of 2 triangles each  
Fabric 6: Cut 8 - 5 7/8" x 5 7/8", then cut 4 of the 8 into pairs of 2 triangles each  
Fabric 14: Cut 1 - 5 7/8" x 5 7/8" then cut into a pair of 2 triangles  
Fabric 1: Cut 2 - 5 7/8" x 5 7/8" then cut 1 of the 2 into a pair of 2 triangles.  
Fabric 11: Cut 1 - 5 7/8" x 5 7/8"  
Fabric 13: Cut 2 - 5 7/8" x 5 7/8" then cut one of the two into a pair of 2 triangles

#### PIECING:

1. Place 1 square of "Fabric 5" on top of 1 square of "Fabric 6" right sides together.
2. Referring to figure 1 on page 2, draw a line on center corner to corner, then draw a line 1/4" to each side of the center.
3. Sew on the lines to either side of center then cut through the middle.
4. Repeat steps 1 through 3 three times so that you have a total of 8 squares pieced with fabrics 5 and 6.
5. Referring to the quilt diagram on page 1 for placement, piece the coordinating cut triangles to the sides of your finished squares. See figure 4 on page 2.
6. Piece the larger cut triangles to their matching block again referring to the quilt diagram on page 1 for placement. See figure 5 on page 2.
7. Repeat steps 1 through 6 for the rest of the outer row blocks carefully referring to the Quilt Diagram on Page 1 for placement. Note the fabrics to be combined are 1 & 13 and 2 & 11.
8. Piece the blocks together to create two rows, then piece the outer rows to the center row.

### IV. Attaching the Borders:

#### CUTTING: (Refer to the Fabric Chart on page 1)

**Inner Border 1:** Cut 2 - 5 1/2" x 90"

Cut 2 - 5 1/2" x 70"

**Inner Border 2:** Cut 2 - 2 1/2" x 60"

Cut 2 - 2 1/2" x 85"

**Outer Border:** Cut 2 - 8 1/2" x 100"

Cut 2 - 8 1/2" x 90"

1. Add the three mitered borders 1 at a time (ie, finish the first inner border before you start the next border). See below for mitering instructions.

#### Keeping it Real: About Mitering Borders

If you haven't mitered a border before here are some simple instructions. Refer to figure 6 above.

1. On the wrong side of the quilt front mark a dot (Pivot Point) with chalk or air erasable marker a 1/4" in from each corner.
2. Fold the pieces of the border in half to find the center and mark with a pin.
3. Do the same for all edges of the quilt's border strips.
4. Match the center of one of your border strips to the center of the quilt front right sides together and raw edges matching. Pin in place along the edge.
5. Using a 1/4" seam allowance and with the wrong side of the quilt front facing up (so you can see the pivot point marks you made earlier, sew from the center to the pivot point at (1/4" from the edge) backstitching at both ends.
6. Repeat from the center to the pivot point on the other end where you marked 1/4" earlier. Again, backstitch at both ends.
7. Repeat steps 1 to 6 for all 4 border pieces.
8. Press the seam allowances in toward your border.
9. Place the quilt front with attached borders right side up on your table.
10. Fold the piece in half diagonally so that the seam on the right border matches the seam on the top border (i.e.: The right seam is aligned with the top seam and the right sides are facing.)
11. Pin at the pivot point so it does not shift.
12. Take your quilting ruler and lay the line that is marked 45 degrees along the stitches.
13. Line the edge of the ruler so that it is 1/4" past your marked pivot point being careful to keep that 45 degree line right on the seams. The edge of the ruler is your cutting line. 1/4" in is your sewing line.
14. With a rotary cutter, carefully trim off the excess fabric at the cutting line (edge of ruler).
15. Pin the edge neatly in place just as you cut it with right sides together.
16. Using a 1/4" seam allowance sew from the raw edge to the pivot point backstitching at both ends.
17. Open the miter and press seams open.
18. Repeat steps 9 through 17 on all corners.

fig. 6

