“We Care”

Designed by Whistler Studios
Featuring the Calling All Nurses Collection by Whistler Studios
Size: 40” Square

Check www.windhamfabrics.com Free Project section to see if there are any pattern updates before you start your quilt project.
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Size: 40” Square

Fabric Requirements:

¼ yard 35370-1 White Solid
Fat 1/8th or 1/4 yard 37304-2 White Blood Pressure
½ yard 37302-1 Black Heart Beat
Fat 1/8th or 1/4 yard 37303-1 Black Nurses Hats
Fat 1/8th or 1/4 yard 37303-3 Blue Nurses Hats
1/3 yard 37301-X Multi Healing Words
(1) Fat Quarter 37302-2 White Heart Beat
1 yard 37305-1 Black Band-Aids (includes binding)
¼ yard 29398-6 Red Aspirin Dot
¼ yard 29398-1 Black Aspirin Dot
Fat 1/8th or 1/4 yard Red Solid
1/8 yard 35370-2 Black solid
1 5/8 yards Backing
Misty Fuse® for attaching Templates
Parchment Paper
Cutting:

35370-1 White Solid
   Cut (2) 15 ½” x 8 ½” rectangles
37304-2 White Blood Pressure
   Cut (1) 8 ½” x 8 ½” square
37302-1 Black Heart Beat
   Cut (2) 8 ½” x 8 ½” square
   Cut (2) 11 ½” x 2 ½” strips
   Cut (2) 15 ½” x 2 ½” strips
37303-1 Black Nurses Hats
   Cut (1) 8 ½” x 8 ½” square
37301-X Multi Healing Words
   Cut (1) 11 ½” x 11 ½” square
37302-2 White Heart Beat
   Cut (2) 8 ½” x 15 ½” rectangles
37305-1 Black Band-Aids
   Cut (4) 2 ½” x Width of Fabric (WOF) for outer border
   Cut (4) 2 ¼” x WOF for binding
29398-6 Red Aspirin Dot
   Cut (2) 15 ½” x 1 ½” strips
   Cut (4) 8 ½” x 1 ½” strips
   Cut (2) 1 ½” x WOF strips
29398-1 Black Aspirin Dot
   Cut (4) 1 ¼” x WOF strips
37303-3 Blue Nurses Hats
   Cut (2) Heart Shaped Templates**
Red Solid
   Cut (2) Heart Shaped Templates**
35370-2 Black Solid
   Cut Letter Templates**

**Follow instructions under Assembly for preparing the templates prior to cutting

Assembly:

All seam allowances are 1/4”

Word and Heart Templates
1. Take the fabric for the templates and before you cut, apply the Misty Fuse® to the wrong side following the manufacturer’s recommended instructions.
2. Cut the Hearts and applique to the 8 1/2 x 8 1/2” blocks following the quilt picture.
3. Cut the Letters for the “WE CARE” and “THANK YOU” to applique on the white rectangles. Center the letters on each rectangle, spacing them evenly. Press and applique letters to the fabric. Set aside

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Center
4. Take the healing words square and the (2) 11 1/2” x 2 1/2” strips and machine stitch them to each side of the word square.
5. Take the 15 1/2” x 2 1/2” strips and stitch them to the top and bottom.

Diagram 1

Following the Quilt Picture, assemble the quilt by rows starting at the top row.

6. First Row:
   Take one Heart Block, one red aspirin dot strip, the We Care Block, one red aspirin dot strip and Heart Block. (match strip lengths) Diagram 2

Diagram 2

7. Second Row:
   White Heart Beat Block, one red aspirin dot strip, Center Word block, one red aspirin dot strip and white Heart Beat Block. Diagram 3

Diagram 3

8. Third Row:
   Take one Heart Block, one red aspirin dot strip, the Thank You Block, one red aspirin dot strip and Heart Block. Diagram 4

Diagram 4
Sashing
9. Attach the 3 rows with the red Aspirin Dot sashing rows. Trim the excess sashing length to fit.

Inner Border
10. Add the Black Aspirin Dot Border; sides first, then top and bottom. Trim excess length to fit.

Outer Border
11. Add the Band-Aid Border; sides first, then top and bottom.

Finishing
12. Take top, batting and backing and quilt as desired. Add binding. ENJOY!

Be sure to visit www.windhamfabrics.com to see the complete collection and to download other Free Projects
HEART TEMPLATE and THANK LETTERS TEMPLATE
Templates are actual size